

Patient Name:  
DOB:

Consultants in Pain Medicine  
5364 Fredericksburg Rd. STE 100, San Antonio, TX 78229

### DISCLOSURE AND CONSENT FORM

You have the right, as a patient, to be informed about your condition and the recommended surgical, medical, or diagnostic procedure to be so that you may make the decision whether or not to undergo the procedure after knowing the risks and hazards involved. This disclosure is not meant to scare or alarm you, it is simply an effort to make you better informed so that you may give or withhold your consent to the procedure.

1. I voluntarily request that **Raul G. Martinez, M.D.**, as my physician, and such associates, technical assistants, and other health care providers as they deem necessary, to treat my condition which has been explained to me as:

**DIAGNOSIS:**

Low back pain  Neck Pain  Thoracic Pain  
 Other \_\_\_\_\_

2. I understand that the following surgical, medical and or diagnostic procedure (s) planned for me and I voluntarily consent and authorize the following:

Cervical Epidural Steroid Injection  Thoracic Epidural Steroid Injection  
 Lumbar Epidural Steroid injection  Transforaminal Lumbar Epidural Steroid Injection  
 Lumbar Facet Joint Injection  Cervical Facet Joint Injection  
 Sacral Iliac Joint Injection  Hip Joint Injection  Trochanter Bursa Injection  
 Radiofrequency thermoablation \_\_\_\_\_  
 Spinal Cord Stimulator Trial \_\_\_\_\_ Lumbar Discogram \_\_\_\_\_  
 Cervical Facet Joint Injection  Thoracic Facet Joint Injection  
 Selective Nerve Root Block  Coccygeal Nerve block  Trigger Point Injections  
 Stellate Ganglion Block  Fluoroscopy ( X-Ray ) \_\_\_\_\_ Sympathetic Block, Lumbar  
 Monitored Anesthesia Care (Sedation)  Other \_\_\_\_\_

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I understand that my physician may discover other or different conditions that may require additional or different procedures than those planned. I authorize my physician to perform such other procedures that are advisable in their professional judgment.

I understand that no warranty or guarantee has been made as to result or cure.

Just as there may be risks and hazards in continuing my present condition without treatment, there are also risks and hazards related to the performance of the surgical, medical, and/or diagnostic procedures planned for me. I realize that common risks related to surgical, medical, and/or diagnostic procedures are potential for infection, blood clots in veins and lungs, hemorrhage, allergic reactions, and even death. Risks and hazards that may occur with monitored anesthesia care are potential for permanent organ damage, memory dysfunction/memory loss, drug reaction, respiratory problems or even death.

**I realize that the following risks and hazards may occur in the connection with this particular procedure:**

**- Risks of injection include: pain, bleeding, infection, failure to decrease pain, permanent injury and neurological deficit.**  
**- Spine injections carry the additional risk of: spinal hematoma and infection with cord and nerve damage which may be permanent, direct cord trauma or nerve trauma with permanent injury, and increased pain. Headache after spinal injection requiring additional treatment and/ or procedures may occur. More rare complications to include blood clots within the spine and brain as well as meningitis are also present with the potential for permanent neurological injury. Some of these conditions are life threatening.**

**Patient confirms that they have not consumed any blood thinners and herbals which may cause increased bleeding.**

**- The patient understands that failure to follow these directions may lead to permanent damage to nerve, spinal cord, joint, and other vitals structures leading to permanent disability and pain or**

\_\_\_\_\_.

I have been given an opportunity to ask questions about the condition, alternative anesthesia and treatment, risks of non-treatment, the procedure to be performed, and the risks and hazards involved and I believe that I have sufficient information to give this informed consent.

I, the undersigned, certify that I have read and fully understand this consent form. The physician has disclosed the comparative risks, benefits, and alternatives associated with performing this procedure in the office suite instead of in a hospital.

**Fluoroscopy (XRAY) may be utilized for your procedure. Notify the staff immediately if you are or may be pregnant.**

Patient is unable to consent because: \_\_\_\_\_

Name of Relative/Representative authorized to sign for the patient:

\_\_\_\_\_

**Patient (or representative) signature: \_\_\_\_\_ Date: \_\_\_\_\_**

**Witness: \_\_\_\_\_ Date: \_\_\_\_\_**